

## **FF INTERMEDIATE COMPULSORY SEQUENCES 2017**

### **PERFORMANCE REQUIREMENTS & JUDGEMENT CRITERIA**

- The order in which these Compulsory Sequences can be performed is determined by the Team.
- The Team is requested to submit the order of the Compulsory Sequences at the start of the competition to the Chief Judge.
- The face to face requirement means that the Performers must be with their heads at the same level and looking at each other.
- Being on the same level means that the centers of the bodies are at the same level.
- The judging of each sequence begins when the Judges see the Team beginning the sequence from the described beginning position (after a transition from the previous move with or without a momentary stop).
- The judging of each sequence ends when the Judges see the Team completes or abandons the performance requirements of that sequence.
- The Videographer must maintain a consistent distance from the Performers' centre point throughout each Compulsory Sequence, except where the Sequence description specifically prescribes otherwise.
- Each round consists of three (3) Compulsory Sequences.

### **FIRST COMPULSORY ROUND (ROUND 2)**

#### *FF-1. Cat Barrel Roll*

##### Cat position

- Both Performers are in belly-down orientation.
- One Performer has grips on the lower legs of the other Performer, the right hand on the right lower leg and the left hand on the left lower leg.
- The upper legs should be in line with the torso.
- Both Performers simultaneously perform two (2) consecutive full barrel rolls, without stopping, along the same axis, maintaining the same heading.
- The barrel rolls can be in either direction.

##### Videographer requirements

- The image must be upright with the sky in the upper portion of the frame.
- At the beginning, the Videographer must be in line with the body Left-Right axes of the Performers showing a side of the Performers.
- Videographer must be on the same level as the Performers' centre point and remain in place throughout the sequence.

##### Judging guidelines

- One or both grips in wrong location (i.e., not on lower leg), the maximum score will be 7,0.
- If the two (2) barrel rolls are not consecutive and smooth, the maximum score will be 8,0.

#### *FF-2. Double Joker Reverse*

##### Double Joker

- One Performer is in a head-up orientation, the other in a head-down orientation, face to face.
- The non-linked formation is rotated 180° over the top, i.e. the head-up Performer moves directly over the other Performer into a head-down orientation. At the same time, the head-down Performer moves directly underneath into a head-up orientation. (No sideways rotation is allowed.) This 180° rotation must be continuous.
- The Performers end in the opposite orientations and on the opposite heading.
- After this 180° rotation (the stop in between is only momentary), the non-linked formation is rotated in the reverse direction, (180° over the top) until the Performers end on the original heading in their original orientations.

#### Videographer requirements

- At the beginning the Videographer must show the Performers from the side.
- The Videographer must be on the same level with the Performers' centre point.

#### *FF-3. Totem*

##### Totem

- Both Performers are in layout position in head-up orientation, on the same heading.
- One Performer demonstrates a feet-to-shoulder dock, a separate foot on each side of the head of the lower Performer, without any additional grips.
- The left foot of the top Performer must be on the left shoulder of the lower Performer and the right foot of the top Performer must be on the right shoulder of the lower Performer.
- Both Performers must stay in the same axis and in layout position.

#### Videographer requirements

- The Videographer must show the front of both Performers on level with the head of the lower Performer and remain in place throughout the sequence.

#### Judging guidelines

- Wrong body position (when the lower Performer is sitflying/kneeflying, instead of layout position), the maximum score will be 5,0.
- For assisting grip(s) (i.e. hands on feet), the maximum score will be 7,0.

## **SECOND COMPULSORY ROUND (ROUND 5)**

#### *FF-4. Stand-up Star*

##### Stand-up Star

- Beginning is when both Performers are in head-up orientation face to face.
- A double hand-to hand grip is taken (left-to-right hand and right-to-left hand).
- Both Performers release their grip at the same time.
- Both Performers retake both grips at the same time.
- The distance between the Performers must remain the same during the sequence.

#### Videographer requirements

- Videographer must show the side of the Performers at the beginning, on the same level, stay on level and remain in place.

#### Judging guidelines

- Wrong body position (when either or both Performers is/are sitflying/kneeflying, instead of layout position), the maximum score will be 5,0.
- When grips are not taken simultaneously, the maximum score will be 8,0.
- When only one (1) grip is taken, the maximum score is 7,0.
- When one or both grips are not hand-to-hand, the maximum score is 7,5.

#### *FF-5. Full Eagle*

##### Eagle

- Both Performers are in head-down orientation, facing the Videographer.
- The Performers go below the Videographer as the Videographer goes over the top, moving around an imaginary centre between them so that they end up in opposite positions and orientations than they originally began. The movement continues until the Performers and the Videographer end up in their relative beginning positions.
- The Full Eagle should be performed as one continuous movement.
- The Full Eagle must remain on the same heading.

#### Videographer requirements

- Videographer must show Performers from their front during the whole sequence.

*FF-6. Angle Carve*

THIS COMPULSORY SEQUENCE MUST **NOT** BE THE FIRST ONE PERFORMED!

- Both Performers are in an approximately 45° diagonal orientation facing each other (1 on belly, 1 on the back).
- Performers perform a slot switch face-to-face without losing the angle.
- During the slot switch, Performers must stay on level (based on the line perpendicular to the diagonal).

Videographer requirements

- At the beginning and the end, the Videographer must show the Performers from the side.
- At the beginning and the end, the Videographer must show the horizon at an approximately 45° diagonal angle.

Judging guidelines

- When this Compulsory Sequence is performed first in the compulsory routine, the maximum score will be 3,0.